

Careers

Future Fridays

Year 7

Cycle 1	Who Am I?
1.1 What Is Careers?	Introduction to careers as a subject and importance
1.2 What are Skills?	To know about different skills
1.3 What are Interests?	To know about different job interests
1.4 My Skills and Interests	To reflect on their own skills and interests
1.5 Setting Targets	How to set targets and goals
1.6 What Is My Dream Job?	Their dream job and related skills
1.7 Dream Jobs in Action	Benefits of having a dream job and being open to others
1.8 Encounter - Dream Jobs	Encounter with staff/employee about dream jobs
1.9 Future Skills Questionnaire	

Cycle 3	What Is a Work/Life Balance?
3.1 What are The Challenges?	To explore some challenges relating to work/life balance in the beginning
3.2 What are The Challenges 2?	Challenges at the start of your career
3.3 A Work/Life Balance	To know what the phrase means!
3.4 Maintaining W/L Balance	Strategies and what this means in practice
3.5 Wellbeing at Work	How people manage their wellbeing at work
3.6 Is Work Everything?	To explore why 'work' can be an important part of identity and what it means to different people
3.7 Employee Encounter - HR	Encounter with HR and workplace wellbeing
3.8 Employee Encounter - Employee	Encounter with an employee about challenges in work
3.9 Work Life Balance Policy	Write their own W/L balance policy for a place of work!

Cycle 2	What Is a Career?
2.1 What Is a Career?	Defining the word career and what this means
2.2 What Is a Career Sector?	Learn about different career sectors
2.3 What Is a Career Trend?	To know about different career trends and what impacts
2.4 What Is My Career Journey?	Reflect on where we are at the start of our journey
2.5 What Is an Entrepreneur?	To know what an Entrepreneur is
2.6 Am I an Entrepreneur?	Reflecting on when they have shown the skills needed
2.7 What Is Initiative?	To know what it means by this and the importance for work
2.8 Encounter - Entrepreneur	Encounter with an Entrepreneur!
2.9 Being Self Employed	To assess the ad/disadvantages of being self employed

Cycle 4	What Is The Future?
4.1 What Is Happening?	Look at current data about careers trends
4.2 Then and Now	Explore how careers/jobs and sectors have changed
4.3 What About The Future?	Predict and explore 'future' jobs and sectors
4.4 Example: Growing Career	Look at an example of a career that is growing
4.5 Future Skills	Explore skills that will be important in the future
4.6 How Do I Develop These?	How they can develop skills that will be valued
4.7 Employee Encounter - Skills	Encounter with an employee about challenges in work
4.8 Employee Encounter - Future	Encounter with someone in a 'future' sector
4.9 SPARE - INSET	

Year 8

Cycle 1	What are My Skills?
1.1 What Am I Proud of?	Reflecting on how they have changed since Y7 (skills)
1.2 What are My Interests?	How and why do these change and what influences this
1.3 Interests and careers	Links between their interests and skills
1.4 How Do People Recruit?	To know how recruitment and skills are linked
1.5 What Is a CV?	To know what a CV is and what it shows (links skills etc)
1.6 Superhero Advert	Unifrog advert
1.7 Responding to Superhero	Responding to the advert
1.8 Employee Encounter	Encounter with recruitment - what do they look for?
1.9 Selling Yourself!	Interview skills that show off our skills!

Cycle 3	Rewards and Challenges
3.1 School: R&C	What are the challenges and rewards of school
3.2 Work: R&C	challenges and rewards of working
3.3 Example: Career	Explore a career and it's rewards/challenges
3.4 Employee Encounter	Encounter with an employee, the rewards and challenges!
3.5 PALS: Apprenticeships	Rewards and challenges of apprenticeships
3.6 Youth Employment	Rewards and challenges
3.7 Overcoming Challenges	What does this look like? Linked to skills
3.8 A Fixed Mindset	What is this and giving advice
3.9 Working Life	what are they looking forward to about working life!

Cycle 2	Success and Vision
2.1 What Is My Future?	Create 'vision board' for their future
2.2 Setting Goals	To know about RAM goal setting
2.3 My Goals	RAM goals and steps to achieve this
2.4 What Does Success Mean?	to know what success means to us and the importance
2.5 Measuring Success	how do we measure success in different ways
2.6 What Is Career Success?	to know what success might look like in a career path
2.7 Life Success!	Explore 'success' outside of employment
2.8 My Successes	Celebrating their successes and how they got there
2.9 Employee Encounter	Encounter with 'successful' employee! Someone who has worked up/through

Cycle 4	Careers Climate
4.1 Future Skills Questionnaire	
4.2 Careers and Climate Change	how careers positively or negatively impact climate
4.3 Green Jobs	
4.4 Sustainable Degrees	
4.5 Green Skills	
4.6 Employer Promises	explore companies who make climate pledges/promises
4.7 The Future?	how AI and other future jobs might affect climate
4.8 Employee Encounter:	Green Job
4.9 SPARE	

Year 9

Cycle 1	Where Do Skills Lead?
1.1 How Do I Find Out?	Exploring where to find out about career pathways
1.2 Career Profile	Explore a career and the entry/progression/qualifications
1.3 A Levels	What are they? +/-
1.4 Apprenticeships	What are they? +/-
1.5 PALS: Apprenticeships	Encounter with apprenticeship offer
1.6 T Levels	What are they? +/-
1.7 V Levels?	What are they? +/-
1.8 How to make the choice	linking to pathways
1.9 Misconceptions!	common misconceptions and making choices for us

Cycle 3	My Career Journey and Money
3.1 Needs and Wants	Needs and Wants of my career journey
3.2 Taking Initiative	Guide and scenarios
3.3 Career Barriers	Career barriers and how to overcome them
3.4 Example:	needs/wants/barriers and taking control
3.5 Working and Earning Money	income tax and NI
3.6 Youth Employment Rights	Rules and laws for young working people
3.7 How Do We Budget	budgeting strategies and the importance
3.8 Employee Encounter:	Banking/Finance?
3.9 Future Skills Questionnaire	

Cycle 2	Choosing Pathways
2.1 English and Maths	What careers are linked?
2.2 Science	What careers are linked?
2.3 Hist/Geo	What careers are linked?
2.4 IT	Comp sci/I media
2.5 Arts	Art/Photo/Textiles
2.6 BTECs	Child dev/Hospit/Travel
2.7 Sports	What careers are linked?
2.8 RS	What careers are linked?
2.9 Business	GCSE and Retail

Cycle 4	The Labour Market
4.1 What is LMI?	define LMI and where to find this info
4.2 Examples of LMI	Examples of LMI and importance
4.3 What makes it change?	things that cause LMI to change and examples
4.4 Current UK	Current salary, jobs and sectors
4.5 Future UK	Predicted changes and the future
4.6 My Career and LMI	Consider their dream career and LMI
4.7 Sandwell LMI	What is the job market like here?
4.8 Encounter:	Local Sandwell Company
4.9 SPARE	

Year 10

Cycle 1	Work Experience
1.1 KHE WEX Assembly	Intro to WEX and unifrog
1.2 The Purpose	
1.3 Researching WEX	
1.4 Making Contact	
1.5 KHE Unifrog Recording	
1.6 Expectations	
1.7 My Role	
1.8 Alumni Encounter	Q3 Student reflections?
1.9 SPARE	Xmas FL?

Cycle 3	Wellbeing and Working
3.1 Job or Career?	The difference between the two
3.2 First Jobs	Examples of 'first' jobs, the importance and what we learn
3.3 Moving On	How people decide when to move on from a job
3.4 What Is Work Life Balance?	What is this, examples and importance
3.5 Employment and Mental Health	Explore the link between employment and mental wellbeing
3.6 Reasonable Adjustments	What this is, examples and importance
3.7 Workplace Discrimination	Examples of this and the law relating to this
3.8 Health and Safety	Examples of H&S and the importance of this in the workplace
3.9 SPARE	

Cycle 2	Past, Present and Future
2.1 My Career Journey	How are they supporting their career journey
2.2 Day-to-day Life	What do they want this to look like in terms of their job?
2.3 My Career Values	What is important to them for their career?
2.4 Conflict or Support?	Sometimes careers might conflict/support our values
2.5 Ideal Employer	What are they looking for in an employer? What is important?
2.6 Future Skills Questionnaire	
2.7 Next Steps	Starting to plan/consider their next steps after Q3
2.8 Alumni Encounter:	Oxford/Cambridge/Red Brick students
2.9 Making The Right Choice	What to consider when

Cycle 4	Wellbeing and Working
4.1 Earning Money at College	
4.2 Higher Education Fees	
4.3 Renting	
4.4 Mortgages and Deposit	
4.5 MOCKS	
4.6 MOCKS	
4.7 Paying a Mortgage	
4.8 Bills	
4.9 SPARE - INSET	