

Parents – Scan For Support – September 2026

This sheet provides a list of various agencies that can offer support outside of the academy day.

In case of an emergency, or you are at immediate risk of harm, please dial 999. Emergency services are available to assist if your child is missing, has suffered harm, or is at risk of harm.

<https://www.sandwellfamilyhubs.com/> - Support for families with children 0-19 (or 25 with SEND) with parenting, finances, wellbeing and development.

<https://www.healthysandwell.co.uk/> - Support for adults regards to feeling overwhelmed, anxious, lonely or struggling with their mental health.

<https://sandwellfamilylife.info/> - Directory of support, activities and 'what's on' for families living in Sandwell.

<https://blackcountrywomensaid.co.uk/> - Support for those currently experiencing domestic abuse and support for survivors of domestic abuse and their children. Sandwell Tel - 0121 553 0090.

Black Country Mental Health Helpline – Tel - 0800 008 6516 (24/7) or text message 07860 025281. Sandwell – Tel - 0345 646 0827 (press 1)

<https://www.cruse.org.uk/> - Support around bereavement and grief.

<https://www.mind.org.uk/> - Support for those living with a mental health problem or supporting someone who is. It directs you to links for tips, advice, and therapies to support.

<https://www.citizensadvice.org.uk/> - Citizens Advice offers confidential advice online, over the phone, and in person, for free. If you are struggling financially, have a housing issue, need to discuss benefits or health. They can offer support around the cost of living and what is available to your family.

<https://www.challengingbehaviour.org.uk/> – this page suggests how to get help with your family members behaviour and what to do.

Life to the full in pursuit of what is good, right and true.



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<https://www.pegssupport.co.uk/> - Support for parents experiencing child to parent abuse.

Food Banks:

These help vulnerable families/individuals in crisis through the provision of food supplies while a longer-term solution is developed.

- West Brom Food Bank - West Bromwich Community Church Victoria Street West Bromwich B70 8EX - Tel - 0121 580 0068
- Black Country Food Bank - Holy Cross Church Ashleigh Road Tividale Oldbury B69 1LL - Tel - 01384 671 250
- Breaking Bread Food Bank - 93-94 Walsall Street Wednesbury WS10 9BY - Tel - 07936 744 177
- Holy Trinity Church Food Bank - Holy Trinity Community Office, Church Street, Smethwick B67 7AH - Tel - 0121 517 0141

07312263756 - a confidential text messaging service providing young people with direct access to advice and support from Sandwell School Nurses.

If your child is experiencing a mental health crisis, please contact Sandwell CAMHS Crisis Line. The team can be accessed via the CAMHS Single Point of Access on 0121 612 6620 9am-5pm Monday to Friday or on 07816075218 5pm to 8pm and at weekends.

If you, or your child are in immediate risk of danger or harm, please dial 999.

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